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Commission  
of Canada

Commission de  
la santé mentale  
du Canada

# Supporting Student Success:

## A Standard of Canada for Psychological Health and Safety for Post-Secondary Students

ORDER OF EXCELLENCE



2017

MENTAL HEALTH AT WORK® RECIPIENT

# Agenda

1. Setting the context
2. Update on the project
3. Discussion
4. Conclusion

# Introductions

**Amy Fogarty**, Manager, Mental Health Advancement

**Susan Jakobson**, Program Consultant

# Establishment of Canada's first Standard for Psychological Health and Safety of Post-Secondary Students

## *Project Leads*

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## *Funding Partners*

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Colleges and Institutes Canada  
Collèges et instituts Canada

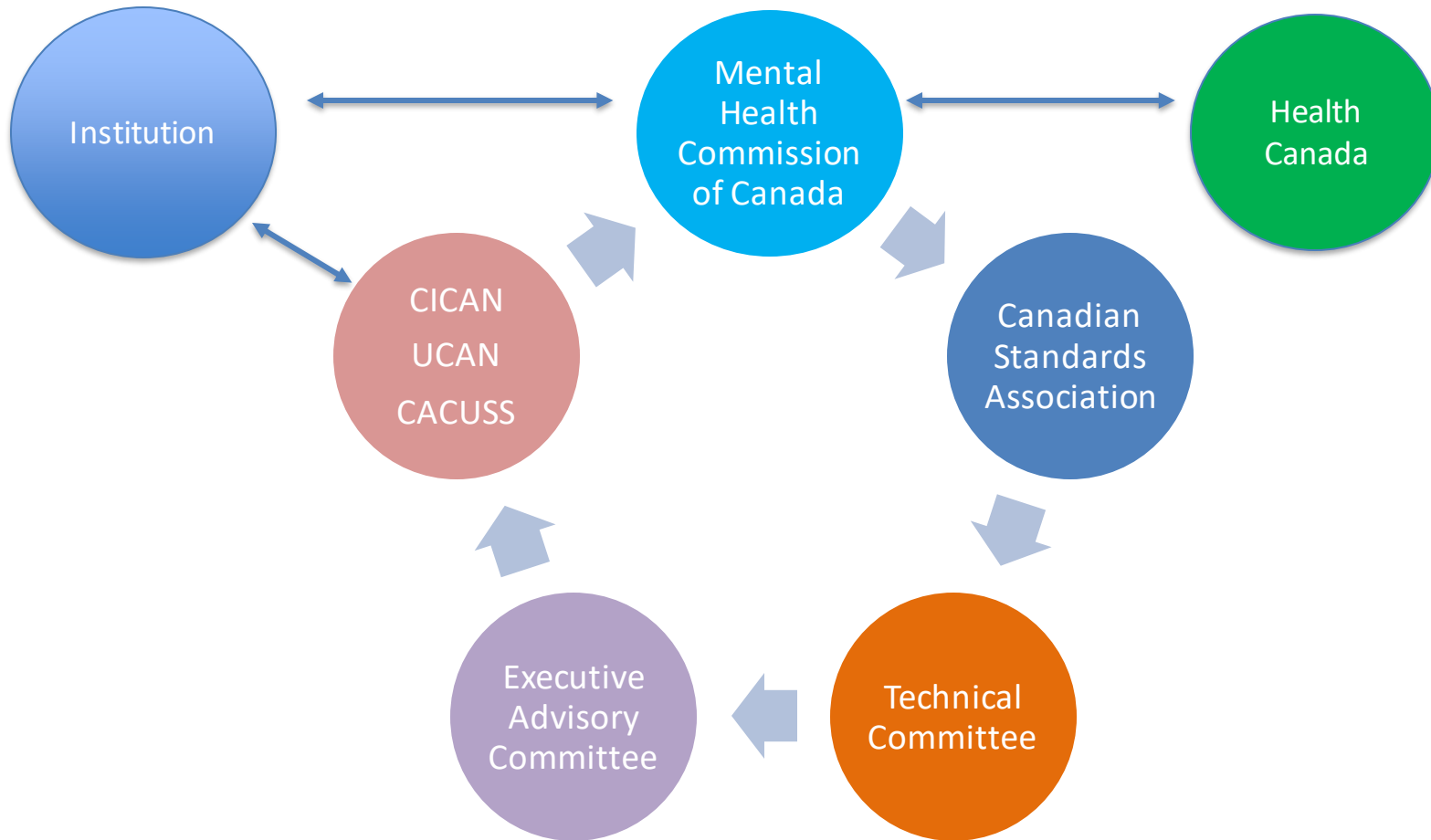


Universities Canada.  
Universités Canada.

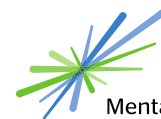


Health Canada  
Santé Canada

# How is it all connected?



# Higher Education



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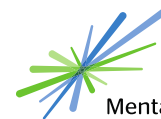
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**FACT**

**75%** of people who receive  
diagnosis of a mental  
disorder are 1<sup>st</sup> diagnosed  
between the ages of **16-24**

# Why a PSS Standard?



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2 Million  
Reasons



# Intended Impact

## Benefits for students

### STUDENT SUCCESS

Academically

Personally

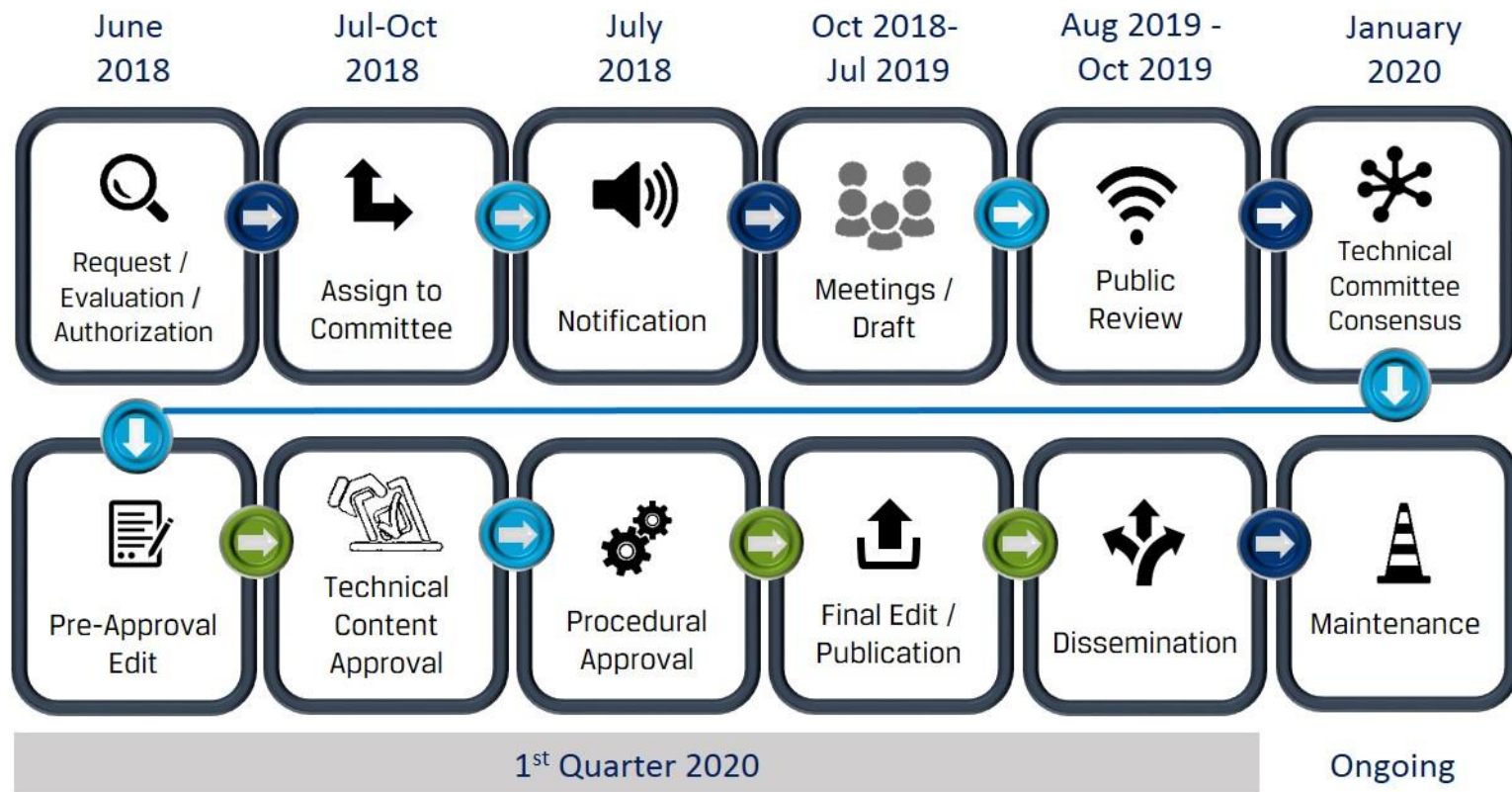
## Benefits for institutions

### INSTITUTION SUCCESS

Higher retention /  
persistence rates

Higher completion rates

# Standard Development Timeline



# Technical Committee

32 members

- Over 400 submissions
- Expertise and/or experience in student mental health
- Intense 2 day sessions bi-monthly since October, 2018

5 stakeholder  
interest groups

- Users
- Service providers
- Organizations
- Government and related public service
- General interest

Leadership

- All Technical Committee members are recognized leaders of student mental health through their unique knowledge, skills and experiences
- Representation from colleges, universities and cegeps in most provinces and territories

## Work of the Technical Committee to date:

The Standard is in its first draft

Development of 10 proposed Annexes to support implementation



Example Annex C – Executive Sponsorship



Example Annex K – Alignment with the Workplace Standard

# Opportunities for Engagement



# Substance Use & Mental Health on Campus Engagement Event



**Date:** Friday, May 24, 2019

**Time:** 8:00 – 11:00AM

**Location:** Toronto, ON

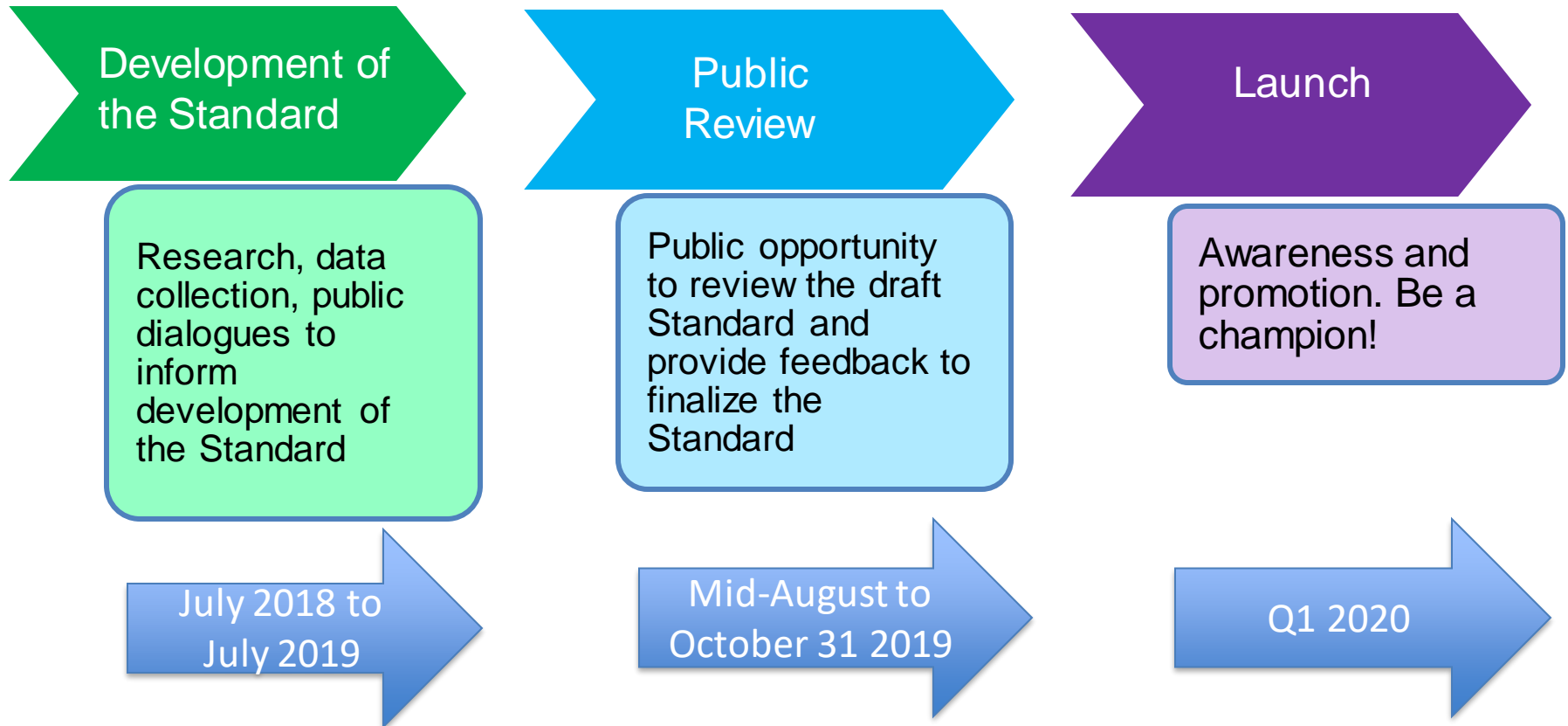
**Venue:** Ryerson

**Register for in-person OR  
live streaming**

*Contact MHCC for invitation &  
registration details*

# Your Voice Matters!

Be part of history – join us on the journey....



# Discussion

What are your hopes and worries that you would like to see considered as the Standard is developed?



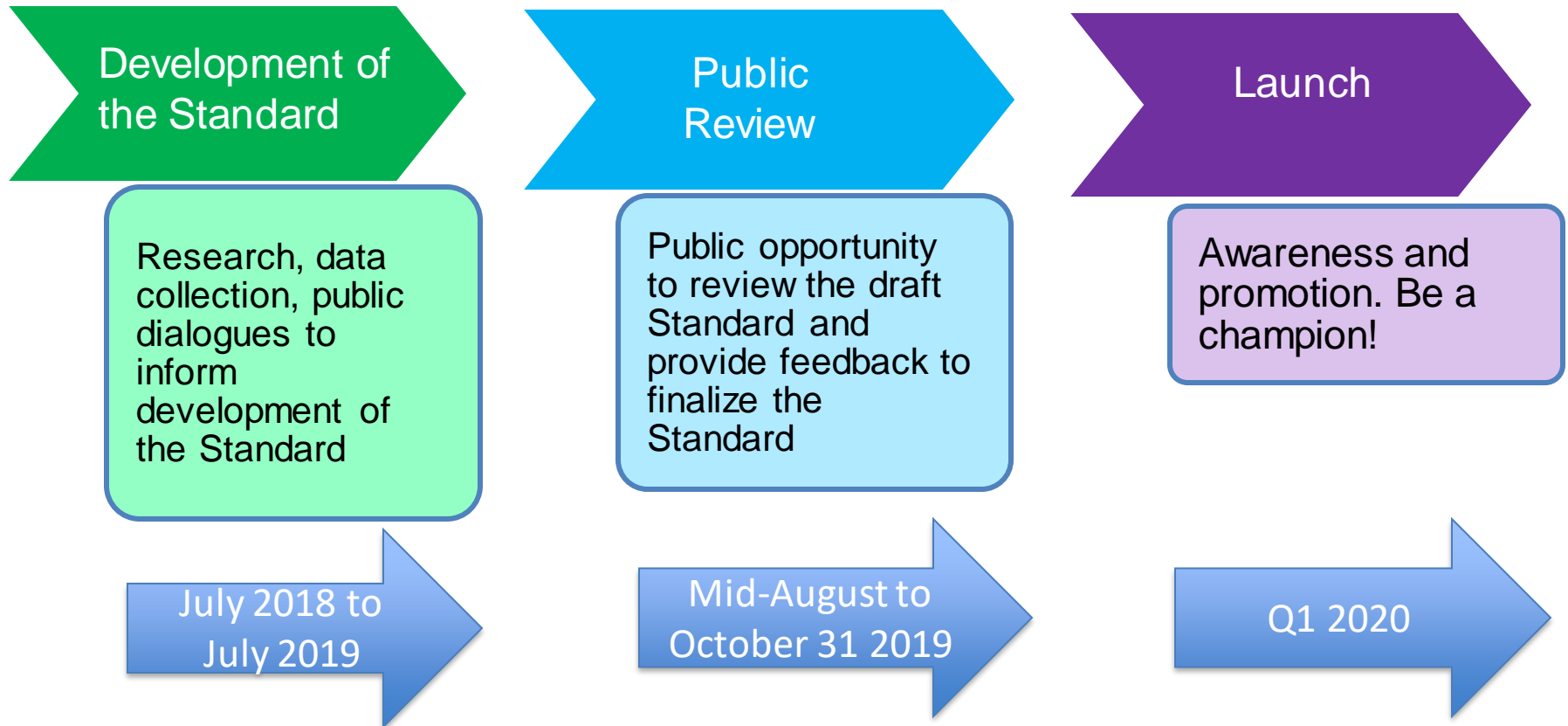
# Discussion

There are significant differences across campuses across the country in terms of structure, resources, student diversity and demographics, just to name a few.

Given this complexity, what should the Technical Committee be mindful of as they work to draft a standard that is inclusive and operationally feasible? What will your college require for buy-in?

# Your Voice Matters!

Be part of history – join us on the journey....



# Get involved!



Public  
Review

## Participate in the Public Review

- ✓ Review the draft PSS Standard
- ✓ Provide your feedback
- ✓ Inform the Standard before it is finalized

Coming in August – open until October 31<sup>st</sup>.

# Get involved!

Launch

## Stay informed



[studentstandard@mentalhealthcommission.ca](mailto:studentstandard@mentalhealthcommission.ca)



[www.mentalhealthcommission.ca/English/studentstandard](http://www.mentalhealthcommission.ca/English/studentstandard)



*#StudentSuccess*

## Be a champion

Download the Standard | Be an early adopter | Champion its use